What is the Coronavirus?

The coronavirus is a virus. It has produced a new illness called Covid-19.

Most of the time, this illness causes: a cough, fever, difficulty breathing.

More often than not, this illness is not very serious and people get better quite easily.

But sometimes, it can be serious. Especially for elderly people over the age of 70 years old and those who are already suffering from an illness. For example: diabetes, respiratory problems, kidney disease, cancer, HIV, etc.

For the moment, there is no treatment or vaccine for Covid-19.
From October 30th to December 1st:

The whole country is in lockdown

Moving around the cities and outside regions is prohibited

You are allowed to move around (only with a certificate) for these reasons:

- Administrative or judicial summons, and meeting with public services (La Poste, prefectures, OFPRA and CNDA remain open)
- Moving between where you live and your workplace or universities, and business trips
- Purchase of basic necessity goods
- Medical appointments and purchasing medicine
- Assistance to vulnerable people, people in precarious situation, or child care
- Movements of people with disabilities and their companions
- Daily walks, for one hour and within a 1km radius from where you live

An exempted movement certificate is mandatory:

- It is valid only once
- It must be renewed with each movement
- You must specify your exact departure time

To fill the exempted movement certificate online: www.bit.ly/2IdHZ19
To download the exempted movement certificate and the work / school travel certificate: www.bit.ly/359U9B9

⚠️ Attention: police checks will increase and you risk a 135€ fine or being arrested.

Normally the police isn’t allowed to fine you if you are sleeping on the street or going to a food distribution.
To get help to contest a fine write to make an appointment at: confinement@ouvaton.org
What are the things that police officers cannot do?

Leaving your house for purchasing necessity goods:
- Argue over the type of necessity goods you are shopping for.
  - If your bags are from a business authorized to open, they cannot be disputed.
- Search your bag.
  - The police may only ask you to show your bag open.
- Give a fine for taking more than an hour for shopping.
  - This term is only valid for physical activity (sport), going for a walk or walking your pets.

Leaving your house for medical care:
- Question the need of a medical appointment
  - Medical confidentiality applies.

If you receive a fine:
- Request payment for the fine on the spot.
  - The fine is normally sent by post.

For any help to contest over the fine, make an appointment using the following email: confinement@ouvaton.org